



Bio of Victor Konshin:

Victor Konshin is a high-tech Engineer-turned-Author and gout expert. After years of suffering severe gout attacks he decided to research the disease himself. He could not have imagined the journey it would take him on. Victor left his job and spent the next year researching gout, studying over five hundred medical journal articles and texts. Victor quickly realized that the information he had uncovered needed to be shared and so he wrote his book, *Beating Gout: A Sufferer's Guide to Living Pain Free* (Ayerware 2009). While researching his book, Victor uncovered one of the deadliest, most misunderstood and under-appreciated public health threats in the world today — a condition called hyperuricemia. This condition, commonly but mistakenly believed by doctors to be harmless, has recently been shown to be very deadly. Victor lives in Williamsville, NY and now works full time trying to get the word out on these dangerous conditions.



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